

2010

Issue No. 4

10/03/2010

Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The World Association of Positive Psychotherapy (WAPP) and
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



Editorial

During 2009 in the World of Positive Psychotherapy a lot of things happened. We had the wonderful 10th International Training for Trainers Seminar in Riga/Latvia and very constructive Board Meetings in Wiesbaden and Riga.

The Centers of Positive Psychotherapy were active especially in the fields of Postgraduate and Continuing Education.

We are pleased to inform you of the significant advances that have been made in 2009 in the further development of our method founded by Nossrat Peseschkian more than four decades ago. The reports confirm that the method of PP is universally applicable and can be practiced in both rural and metropolitan centers. There are a range of possibilities to apply PP worldwide. No less significant has been the progress made with the publication and translation of Positive Psychotherapy books in different countries.

The theory and methodology of Positive Psychotherapy has continued to be inspired by the World View of PP in which Psychotherapists and Mental Health Providers from different cultures are able to engage with one another in a spirit of respect and tolerance and to collaborate in contributing to the advancement of Mental Health.

We welcome **Albania** as a New National Center of Positive Psychotherapy.

At the forefront of WAPP activities are our **National and International Trainers** of Positive Psychotherapy who carry this method to Academic Circles and Mental Health Providers, raise the international profile and recognition of the WAPP and help the realization of teaching Positive Psychotherapy in different countries.

In Memoriam: we would like to remember Dr. Bijan Ghaznavi, International Trainer of Positive Psychotherapy, who passed away in May 2009. Dr. Bijan Ghaznavi was always radiant, patient and selfless in his service of mankind.

After years of service as psychologist in Switzerland, where he worked hand in hand with his dear wife, Dr. Agnes Ghaznavi, psychiatrist, they continued their work in Macao and China during the last decade. In the past 5 years Drs. Bijan and Agnes Ghaznavi conducted courses of Positive Psychotherapy in different cities in China, especially for the educators. They used the tools of Positive Psychotherapy to train the helpers in Si Chuan, China, when the earth quake devastated that region in 2008.

We hope that during 2010, through your cooperation, WAPP shall experience new ways of service in Education – Self-help – Therapy and Cross-cultural Fields and that our subscribers can share these in the next issue.

Editorial Board: Manije Peseschkian (manije@peseschkian.com), Christian Henrichs (henrichs@interpunktion.net), Ulrike Hofmann (hofmannulrike@aol.com), Hans Bräuer (hansbraeuer@gmail.com).

Global News - International Institutions

5th World Congress of Positive Psychotherapy in Istanbul, Turkey

October 9th–12th, 2010 including the 11th International Training Seminar organized by the World Association of Positive Psychotherapy (WAPP)

The Theme of the Congress is: “**Positive Psychotherapy in a Globalized World: Trans-cultural and Emotional Perspective of Positive Psychotherapy in Globalization**”.

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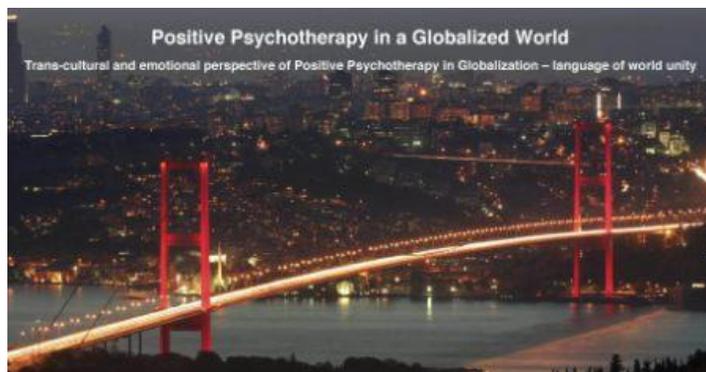
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The title suggests the overriding theme for the Congress. Contributors are invited to address the Congress on topics related to this theme. They are also welcome to submit presentations that are not directly related to the Congress topics but bear on the larger theme of Psychotherapy.



Istanbul is an extraordinarily exciting old city which has a rich historical and cultural inheritance from different ancient civilizations living together in harmony. It is not only a natural bridge between east and west but also a meeting point between contemporary cultures of east and west, south and north. Istanbul has been declared World Cultural Capital for 2010.

The Congress will be supported by the Psychiatric Association of Turkey. We hope you will join in this event. Please contact www.positum2010.org for current information on the congress; positum@minasturizm.com for registration, travel, and accommodation and other technical matters or wapp2010@positum.org for international aspects.

We thank our hosts, who are taking great care and effort to ensure the success of this congress, especially Dr. Rukiye Hayran, President of the Istanbul Center of Positive Psychotherapy.

Positive Psychotherapy Awards will be awarded in 2010 by the International Academy of Positive and Cross-cultural Psychotherapy – Peseschkian Foundation. The awards recognize initiatives that promote the world-view (Weltanschauung) and philosophy of life of Positive Psychotherapy in the service of mankind.

The awards, which will be granted every three to four years, will reward colleagues in two categories:

- Award in Excellence - Prize of Honour
- Positive Psychotherapy Award

The awards will be awarded during the World Congress in Istanbul in October.

Information and call for proposals: www.positum2010.org, www.positum.org, peseschkian.foundation@positivepsychotherapy.org

Report of the 10th International Training Seminar Riga, 17th–20th September 2009

Participants from 16 countries attended the 10th International Training Seminar of Positive Psychotherapy held from September 17th–20th in Riga, Latvia.

The participants represented Albania, Austria, Bulgaria, China, Cyprus, Germany, Kosovo, Latvia, Lithuania, Russia, Romania, Turkmenistan, Spain, Switzerland, Turkey and Ukraine.

The program of the International Training Seminar was marked by several Training features, including lectures, workshops, reports and panel discussions. Attendants could witness that the seeds of collaboration with various centers of Positive Psychotherapy which were sown several years ago, now are trees carrying blossoms, flowers and bearing fruits. The

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trainers and lecturers were in the position to make a strong, meaningful contribution to the event.



One of the other notable contributions was “prayers for mankind” on Sunday morning which was spontaneously arranged. This devotional part came from different religions and was conducted in many languages.

For the first time the meeting took place **in a Baltic country**. We all enjoyed the hospitality of Dr. Ala Makarenko, head of the Center of Positive Psychotherapy in Latvia, and her team. We experienced their warm and loving care at the social gathering and banquet evening which marked the unique cultural heritage of Latvia including the musical and dancing entertainment. One of the highlights of this evening was the beautiful ceremony of awarding certificates to new trainers of Bulgaria, Turkey and Ukraine as well as graduates of the Master Course in the Baltic countries.

The **Administrative program** consisted of the annual General Meeting of WAPP, the annual reports of representatives and various centers of Positive Psychotherapy and the WAPP Board Meeting

Thanks and Gratitude to organizers, hosts, participants, lecturers, trainers, members of the Centers of PP, representatives and Board Members

“International Journal of Positive Psychotherapy and Research”

In 2010 WAPP would like to launch an electronic journal of Positive Psychotherapy which will be published twice a year.

The first issue is devoted to the submissions of the 10th International Training Seminar of PP in Riga 2009. The journal is currently in preparation. Articles for the journal are undergoing peer review.

The international scientific journal is important not only because of its contents for the readers, but also for the authors as a proof for their scientific involvement. Chief Editor of this Journal is Prof. Dr. Ebru Cakici (ebrucakici@yahoo.com).

Collaboration with other National and International Societies



European Association for Psychotherapy (EAP)

The most important result of the EAP-Meetings for Positive Psychotherapy in 2009 was the recognition of the Wiesbaden Academy of Psychotherapy (WIAP) and the International Academy of Positive and Trans-cultural

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Psychotherapy (IAPP) as European Accredited Psychotherapy Institutes (EAPTI).

Through this recognition Positive Psychotherapy belongs to two important pillars of EAP:

- The European Federation of the Centres of Positive Psychotherapy (EFCPP) has since 1992 been accredited as European Wide Accrediting Organization (EWAO) and is a board member of EAP.

The two institutes of higher education, WIAP and IAPP are European Accredited Psychotherapy Training Institutes (EAPTI)

The above mentioned Positive Psychotherapy organizations are Institutions, involved in the awarding of the European Certificate of Psychotherapy.

Centers of Positive Psychotherapy in Europe are encouraged to accept the European Certificate of Psychotherapy (ECP) conditions for the Curriculum of their Courses so that candidates can in future apply for the ECP certificate through EFCPP or the two EAPTI's (WIAP + IAPP).

Representatives of WAPP at EAP Board-Meetings 2009

February, Vienna, Austria: WAPP Representative Gabriela Hum, Romania

30.06. – 05.07.2009 Lisbon, Portugal: WAPP Representatives Prof. Nossrat and Manije Peseschkian, Germany

23. + 24 .10. 2009 Graz, Austria: WAPP Representative Enver Cesko, Kosovo



The European Association for Psychotherapy
Association Européenne de Psychothérapie
Europäischer Verband für Psychotherapie

Member of the World Council for Psychotherapy (WCP)
NGO with consultative status to the Council of Europe

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Internet: www.europpsyche.org

Vienna, November 7th, 2009

Dear Psychotherapy Training Institute,

In the name of The European Association for Psychotherapy (EAP) I am proud and pleased to welcome your institute as an

European Accredited Psychotherapy Training Institute (EAPTI)

and pass on my congratulations. The certificate confirms that your institute has fulfilled all requirements and quality standards of the EAP and is recognized as an EAP certified training institute.

The EAP invites your training institute to take part in the quality control of psychotherapy in Europe with authorization to the following:

- ❖ to call itself an "European Accredited Psychotherapy Training Institute (EAPTI)" and to use this title in all public business dealings;
- ❖ to conclude your candidates' training with the guarantee that they are entitled to be awarded the ECP in accordance with the formal examination carried out by the EAP and its constituent bodies;
- ❖ to appear on the EAP's website as a "European Accredited Psychotherapy Training Institute (EAPTI)";
- ❖ to present your institute's programme and activities on the website;
- ❖ as a result of the close cooperation between the EAP and the World Council for Psychotherapy (WCP) you will have the opportunity to broadcast information about your training institute worldwide.

In this way a European quality standard will be created which is not only advantageous for your training institute with regard to European competition but also supports the development of psychotherapy in an international context.

Wishing you prosperous future, I remain,

Hon. Prof. Dr. Alfred Pritz
General Secretary of the EAP



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International Federation of Psychotherapy

Zurich: quote from the Newsletter 01- 09: “an extremely successful workshop on PP was held with Nossrat Peseschkian (Germany) on Positive Psychotherapy in Zurich, January 16 – 17, 2009. ...”. Further information: www.ifp.name.

German Association for Dental Hypnosis (Deutsche Gesellschaft für Zahnärztliche Hypnose) DGZH

In April 2009, during the 7th International Supervision Seminar of the DGZH in Gozo (Malta), a workshop on Positive Psychotherapy was conducted by Prof. Peseschkian.

Fondation Kanneerschlass in Luxembourg: lecture in May 2009

Patent Protection and Copy-Right of the Theory and Methodology of Positive Psychotherapy

The Peseschkian Foundation – International Academy for Positive and Transcultural Psychotherapy (IAPP) – was established in 2005. The Peseschkian Foundation engages in the development of Positive Psychotherapy world-wide and its application in human society as well as the legal protection of its Theory and Methodology.

Due to the reports of colleagues, some websites and lately some of the current publications of Positive Psychology (Seligman) - such as an article in “American Psychologist” from November 2006 – it repeatedly comes to our attention that psychologists use the term “Positive Psychotherapy” as their own. Therefore an information note regarding Positive Psychotherapy was sent to Dr. Seligman for his consideration. The lawyers of both sides are informed about the existing legal Rights of Positive Psychotherapy including the following facts:

- Positive Psychotherapy/Peseschkian exists since 1968.
- Positive Psychotherapy is patented under: Nr. 396 44 259 Akz.: 396 44 259.5/42 by the Deutsches Patentamt – Bundesrepublik Deutschland.

(German patent office – Federal Republic of Germany)

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- Copyrights are reserved either by publishers or Prof. Dr. med. Nossrat Peseschkian.
- The 27 books of Positive Psychotherapy have been partly translated into 24 languages, among them 5 of the most spoken languages in the world: English, German, Spanish, Chinese and Russian.
- All the records are available at the International Archives of Positive Psychotherapy, located at the Head Office of Positive Psychotherapy in Wiesbaden, Germany.

For further information please contact:

peseschkian.foundation@positivepsychotherapy.org

Important decisions at Board Meeting

21.01.2009 in Wiesbaden, Germany: Please refer to the report in "Positum International News" No.3

19.09.2009 in Riga, Latvia:

11 members attended the meeting, 3 absentees.

Decisions were taken at these meetings concerning the following matters:

- Criteria for Basic and Master Trainers – Re-Certification of Trainers
- To propose a document which includes the additional needed hours for people who finished the PP Master Course to receive the ECP
- Conflict resolution issues
- Preparation of the 5th World Congress in Istanbul, Turkey
- Positum International News 2010
- Editorial Board of Journal

- Future events
- Financial status

19 - 20.01.2010 in Wiesbaden, Germany:

Eight members attended the meeting, 3 were present via skype, and three were absent.

Decisions taken at the meeting:

1. Training Standards:

- New courses beginning 2010 are the official training courses conducted by the WAPP. On completion the Basic Consultant Diploma will be awarded. These courses are only open to candidates who are busy with, or have finished their university level course in the socio-humanistic or medical field. This major decision and other decisions taken during the WAPP BM will be sent by letter to all centers, institutes, associations and local representatives.
- Basic Course: 120 hours (theory, practice and self discovery) + 80 hours (homework).
- Master Course: Participants have to finish the BC in PP. Participants need to have finished at least a bachelor's or equivalent University degree in the social-humanistic or medical field. Exceptions are possible according to national standards of Psychotherapy Law

2. World Congress

- The 11th International Training Seminar will be held on the 8th of October 2010 (full day) in Istanbul prior to the World Congress
- Invited guests

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- members of different Committees
 - International Positive Psychotherapy Awards
3. International Journal of Positive Psychotherapy and Research
 4. Membership Criteria
 5. Ethical guidelines of PP will be uploaded on the website www.positum.org/
 6. Scientific projects
 7. Future events: next ITS: Kosovo: 2nd-5th June 2011

Reports from the Local, National and International Centers and Representatives regarding Teaching Activities

Albania



ALBANIAN CENTRE FOR POSITIVE PSYCHOTHERAPY

The most recent Center of Positive Psychotherapy was established in 2009 in Albania. Mrs. Mirela Sula-Strugaj is the director of the center. Mr. Enver Cesko, International Trainer of PP who plays a key role in the development of PP in the Balkan countries, has started with the first module of the Basic Course in 2009. Venue of the lectures was the University "Marlin Barleti" in Tirana.

PP received extensive exposure during the training seminars in Albania through some debates and interviews on Albanian TV channels and two interviews in "Psychology", a journal that is published in Tirana.

The second module was presented in October with 30 participants. Professional backgrounds of participants were: 19 psychologist, 5 social workers, 4 University Professors and 2 managers.

As teaching material and for further reading the translated book of Nossrat Peseschkian "Psychotherapy of Everyday Life" was offered to the participants. The Albanian "Journal of Psychology" has undertaken to frequently print articles from this book.

TRAINING SEMINAR IN ALBANIA



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For further information please contact albaniapp@yahoo.com or visit www.albaniapositive.co.

Austria

Representatives of Positive Psychotherapy are making good progress towards the development and accreditation of PP in Austria. Dr. John Okoro, Schwarzach reports of a number of lectures, seminars and workshops, conducted by Nossrat Peseschkian which took place in various cities like Graz, Vienna, Baden, Linz, Bregenz and St. Gerold.

Positive Psychotherapy is widely used by Psychotherapists, especially its stories. More recently the 5 steps of healing are being applied to family therapy in the western part of Austria.

Dr. Okoro has published two books in the German language in Austria with the titles "Die Sonne geht an keinem Dorf vorüber" and "1000 Meilen gegen den Strom" His article on this book is: "Ein Balken allein ergibt noch kein Kreuz". For further information please contact joh.edith@vol.at.

Dr. Ines Stamm, coordinator for the Center of the IAPP in Vienna is actively pursuing the accreditation of PP as a recognised form of psychotherapy in Austria. For further information please contact info@stamm-psychotherapie.at

Prof. Peseschkian lectured at the Sigmund-Freud-University, Vienna on: "Three dimensions of Psychosomatic Medicine in the Age of Globalization". Cooperation was also established with institutions such as Austrian Dentist Association – Gesellschaft für Ganzheitliche Zahnheilkunde der Österreichischen Gesellschaft für Zahn-, Mund- und Kieferheilkunde.

Dr. Michael Katzensteiner, director of the student consultation office at the Johannes Kepler University in Linz wrote articles about the different

aspects of PP. For further information please contact michael.katzensteiner@jku.at

Baltic

The International Educational Center of Positive Psychotherapy Idee&bbpt was established in Riga, Latvia in May 2009.

Basic and Master Courses:

- In February and November 2009 two Modules of the Master Course were presented in Vilnius, Lithuania by Arno Remmers and Alla Makarenko.

- In July, 2009 the Master Course was completed and examinations were conducted in Riga, Latvia by Arno Remmers, Gunther Hübner, and Alla Makarenko.

- In September 2009 the 2nd Module of the Basic Course was conducted during the ITS of PP in Riga, Latvia. The trainers were: Abbas Dzhabarian, and Prof. Nossrat Peseschkian. The supervisor was Alla Makarenko.

- Presently Master Courses are continuing to be conducted in Vilnius, (Trainer Alla Makarenko, assistant Anastasiya Clementina Zhiro)

- The interventions of the Basic course are conducted in Vilyunyus, Lithuania after the completion of the 1st Module,

- Further professional education is being planned within the framework of the Association and Educational Center Idee&bbpt, Riga: 2 groups of the Basic Course in Vilnius and 2 groups in Riga.

Reported by: Dr. Alla Makarenko (Director of Center Idee&bbpt) and Anastasiya Clementina Zhiro (Manager of Educational Center Idee&bbpt). For further information please contact ki@ok.lv.



Bolivia

Susanne Hansen reports: Positive Psychotherapy is getting more and more known and as expected with very good results. In the medical Center PROMED the name Positive Psychotherapy appears on the board as part of the services offered. Susanne Hansen has been hired to work with nurses, administration, assistants to develop a positive attitude in the team. There have been 3 workshops for becoming familiar with the PP tools. Some other colleagues who finished the Master Degree Course of PP at UTEPSA University are working with PP tools as school psychologist and University professors who give human development courses or counselling. For further information please contact susannehansen271@hotmail.com.

Brazil

In September Sam Cyrous Hadji, Psychologist and representative of Positive Psychotherapy in Brazil, attended the "Regional Psychology Congress of the 9th Division of the Psychology Counsel". In Tocantins he presented an abstract focusing on the need for a cross-cultural intervention for the inclusion of different sectors in psychotherapy.

The Federal University of Goiás invited him to participate as one of ten invited speakers on the integration of Psychotherapy, as well as a Private University for workshops on Organizational/ Industrial PP.

At a scientific level the Brazil Center is considering the adaptation of the Inventory for Positive Psychotherapy and Family Therapy for local use. At the cultural level they are trying to find ways of advertising the release of the book: "Merchant and the Parrot".

In 2010 the two Portuguese books on "Positive Psychotherapy" will be reedited and reprinted in Brazil. For further information please contact shcyrous@gmail.com.

Bulgaria

Milena Manova and Mrs. Prof. Ivanka Boncheva

Activities of the BPPA (Bulgarian Positive Psychotherapy Association) in 2009

Development of our Trainers

- We have 3 new basic trainers;
- 4 of our previous basic trainers now conduct separate modules of the master level under supervision, aiming to become master trainers in the next years.
- 1 of them, Milena Manova, has already obtained a master trainer diploma.

Training Groups in Positive Psychotherapy

- In 2009 - 13 training groups took place and each of them was composed of 10 – 12 participants (187 people in total).
- 8 of these groups were at the basic level and 5 of them at the master level.
- Over 1600 training hours have been given in 6 Bulgarian cities: Varna, Sofia, Veliko Tarnovo, Plovdiv, Kazanlak and Pleven.
- 2 new training groups are starting

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BPPA Members' Development

- 4 people have already obtained a certificate for Positive Counselor
- 10 people have already obtained the Positive Psychotherapist certificate.
- Another 73 colleagues have finished the basic training
- 3 certified positive psychotherapists work abroad – Anna Gaytandjieva works in Holland, Klarita Velikova in the United Kingdom and Ventsislav Tomov in Canada.

Projects

- Apart from our regular activities 3 municipal projects are running:
- 2 of them for the Municipal of Varna;
- 1 for the Municipal of Veliko Tarnovo.
- These projects are based on the Positive Psychotherapy concepts: “Summer School as a Street Alternative” (B. Chalakova, Varna); “Prevention of the first-grade scholar’s aggression – helping teachers and scholars” (Prof. I. Boncheva, Varna); “Patient’s club” (Valia Hristova, Veliko Tarnovo).
- Since September 2009 the psychotherapeutic practice “Positum” has been functioning. Here colleagues are teaching at the masters’ level.

Popularization of Positive Psychotherapy

- 6 articles have been published in Bulgarian scientific magazines.
- The brochure for parents with aggressive children has been elaborated with the tools of Positive Psychotherapy

For further information please contact positumbg@gmail.com,
ibontcheva@yahoo.com.

China

Report by China Representative Office of IAPP Melody Qu

Two Basic Courses in Beijing, one in Nanjing and one in Urumqi have been conducted.

Trainers: Christian Henrichs, Dr. Maxim Goncharov, Gabi Hum, Dr. Pavel Frolov

The Positive Psychotherapy Clinic Base was established in July 2009 in Beijing.

We reached an initial scientific research agreement between the Institute of Psychology of China Academy of Science and the IAPP. The Institute of Psychology of China Academy of Science is the top institute in China with regard to scientific research in psychology.

6 newsletters have been issued in 2009; 5 promotion lectures (about 100 participants at each lecture) were held. More than 10 application workshops for business, hospitals, air force officers, etc. had been successfully conducted in 2009.

In 2010 we are planning to have at least 3 basic course trainings, 1 master course training, and 3 psychosomatic trainings for medical doctors (6 modules for each training). Every month there is a big promotion lecture and at least 2 workshops. 3-5 counselors will start work in the Clinic Base. Scientific cooperation with the Institute of Psychology of China Academy of Science will be finalized and started. For further information please contact melody@iappchina.com.

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Report by International Trainer: Dr. Agnes Ghaznavi (from newsletter)

In April 2009 we began a 6-day course in Shanghai with more than 30 participants and teachers of kindergarten. This project is supported by the Shanghai Xuhui District Education Bureau. Finally all participants and the bureau were very convinced how helpful this course had been for them.

Later we gave a second course in Shanghai in July, which was even more appreciated and also with very interested participants as the subject was educating children and helping parents to support their child's growth and learning.

In 2009 we had a Basic Course of PP including participants coming from many different regions of China. They were very interested in the case presentations which enlivened the course and made things very attractive for the participants. We successfully finished the last Zhuhai course in July. The feedback of the case presentations was really good and we all feel it was most rewarding. For further information please contact anancy17@gmail.com.

Report by Theo Cope; PhD, Dalian

Lecturer & Foreign Faculty Coordinator, School of International Business in Dalian,

Dongbei University of Finance & Economics, Certified Family Consultant

He has written articles on PP which were published in International Scientific Journals. His recent article has been accepted by the Journal of Integrative Psychotherapy, an APA Publication. For further information please contact china.psyche@gmail.com.

Cyprus

2009 Activity Report of the Cyprus Center of Positive Psychotherapy and Transcultural Family Therapy

Prof. Ebru Cakici reported that beside the training programs of the Cyprus Center of Positive Psychotherapy, the WIPFF was translated into Turkish and was subjected to a reliability-validity Study. The second part of the Study will be finished.

In 2009 both basic and master training programs continued with the contribution of trainers from the International Academy of Positive and Transcultural Psychotherapy. In the master training group intervision groups are taking place besides the seminars.

At the 10th International Training Seminar of Positive Psychotherapy in Riga, there were 8 participants from Cyprus and we had a presentation on postpartum depression.

The training programs in 2009 were as follows:

February 2009, Master Course with Christian Henrichs

March 2009, Master Course with Brigit Werner

April 2009, Basic Course- Module IV with Ferah Burkert-Aksoy

May 2009, Master Course with Dr. Gunther Hübner

June 2009, Basic Course- Module V with Dr. Sheyda Rafat

October 2009, Master Course with Dr. Sheyda Rafat, Ferah Burkert-Aksoy

December 2009, Master Course with Dr. Ivan Kirillov

December 2009, Basic Course- Module I with Dr. Ebru Cakici

For further information please contact ebrucakici@yahoo.com.

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Ethiopia

Psychotherapeutic training for medical doctors and psychologists, training of educators, school projects and publications are our tasks for the Mental Health Project of the Peseschkian Foundation.

Project partners in Ethiopia are Prof. Dr. Araya Mesfin, University Addis Abeba, Dr. Markos, psychiatric clinic, University Jima and Dr. Jonas Baheretibeb and Dr. Dawit, University Addis Abeba

In 2009 regular personal contacts and discussions between the Managing Committee of the IAPP Trainer Team, the Representative and the medical persons in charge of the Universities of Addis Abeba und Jima took place.

Positive Psychotherapy Books for Ethiopia: the Foundation published two English books and the translation of the book "Oriental Stories as Tools in Psychotherapy" into Amharic language, in Ethiopia.

Project Teacher Training: some teachers and educators are participating in a Basic Course in Addis Abeba. The aim is the use of PP in schools and the possible founding of a local Center of Therapy for mothers and children.

Addis Abeba: In January 2009 Dr. Gabriele Emmerich, with assistance of Prof. Dr. Karl Heinz Emmerich held the Basic Course A, part II and a new Course B, part I. In May 2009 Dr. Wolfgang Schuck conducted Course A, part III. At the same time Basic Course B, part II was held by Dr. Richard Werringloer.

2010, Jima: On account of the strong interest a new Basic Course started in January at the Jima Medical School given by trainer Dr. Werringloer.

Addis Abeba: our objectives are to train a sufficient number of graduates of PP Courses who can start qualified and active work in the Mental Health Field. Trainers are working hand in hand with our Ethiopian colleagues: in

January 2010 Dr. Werringloer conducted the Basis Course B II so that immediately the participants were able to start Part III together with the Group of the Basic Course A III. Dr. Gabriele Emmerich finished Part IV so that the first group of Ethiopian colleagues could receive their Certificate of Basic Consultant of Positive Psychotherapy at the end of January 2010.

For further information please contact mesfin.arraya@psychiat.umu.se or positum.ethiopia@gmx.de.

France

We are pleased to announce that now we have the first book of Positive Psychotherapy "Oriental Stories as Tools in Positive Psychotherapy" released in French in January 2010. For further information please contact Dr.Kuroch Agir at: kuroch@yahoo.fr.

Germany

Wiesbaden is the cradle of Positive Psychotherapy and therefore we are particularly pleased that the World Association of Positive Psychotherapy (WAPP), Peseschkian - Foundation (IAPP) and the German Association of Positive Psychotherapy (DGPP) have their Headquarters in the historical building of the Kaiser Friedrich Residence, Wiesbaden. WIAP Academy is also situated nearby. The related institutions are instruments that jointly raise the international profile and recognition of Positive Psychotherapy.

WIAP

The WIAP-Academy continued its postgraduate activities in 2009, with more than 300 postgraduate candidates and presenting about 250 seminars. It is now one of the largest postgraduate academies for psychotherapy in Germany (TOP 5 out of 176 academies), the largest psychodynamic institute by number of participants, and has one of the

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largest psychotherapeutic polyclinics in Germany - with about 800 regular patients.

In the past year, the WIAP-Academy was quite active in the consultation process of the renewal of the existing psychotherapy law at the national level in Germany and WIAP emphasized the importance of maintaining the existing varieties of methods and the postgraduate training.

Since October 2009, WIAP is a European Association of Psychotherapy Training Institute (EAPTI), accepted by the Training & Accreditations Committee (TAC) of the EAP. For further information please contact info@wiap.de.

IAPP – International Academy of Positive and Crosscultural Psychotherapy

The IAPP and Peseschkian-Foundation intend to create a manual: „Manual of Standardized Training in Positive Psychotherapy“. The intention is to enable trainers of Positive Psychotherapy to educate in a standardized manner. A workgroup was established. Topics for education were compiled and registered. For each topic a small working group of authors was appointed.

For the manual the workgroup collected a multitude of education-programs, presentations and publications on “Positive Psychotherapy” from experienced authors and trainers. All these documents were revised and submitted to the members of the working group for their comments. Feedback is being received at present.

Report by Dr. Thomas Becker, director of Board of Trustees IAPP. For further information please contact thomas.becker.dr@gmx.com.

German Association of Positive and Cross-cultural Psychotherapy

In 2009 the DGPP focused on a careful analysis of the status of DGPP. We reflected on our external activities and care of the longstanding members of

our association. In June, in cooperation with the Peseschkian Foundation and the assistance of many long standing students of Prof. Peseschkian, we started to work on a complete curriculum of PPT. Colleagues (International Trainers of PPT) travelled to several countries and continents to conduct Master and Basic Courses in PPT.

For 2010 the DGPP and the IAPP Foundation are planning a joint program with the Government Department of Education in Hessen which will focus on the skills development of teachers. In March the first course will start in North-Hessen.

Reported by Birgit Werner (President of DGPP). For further information please contact m.b.werner@t-online.de.

Cooperation Partners of Positive Psychotherapy in Germany

Postgraduate education and networking for specialists in social work

For the past 20 years the Parity Academy (Paritätische Akademie) of Nordrhein-Westfalen is offering certificated courses on PP for specialists in all fields of social work.

Seit über ++++++++
20 Jahren
++++ Positive Beratung

Courses of 200 hours are offered. These include a Basic Certificate Course “Positive Conflict-Consultation”, two Courses of “Positive Family Consultation” as well as the advanced qualification in “Positive Partner- and Parent Consultation” and “Positive Resource Coaching”, and a three day “Forum Positive Consultation”. Trainers are Mrs. Werner and Dr. Hübner. Between 2008 and 2010 the theme “Family” is highlighted. (In Nordrhein-Westfalen 3000 Family Centers will be established by the Government.) Special certificate courses have been arranged for Educators, Sociologists and other interested experts. Highlight of 2010 will be 20th anniversary of the establishment of Positive Psychotherapy at this Institution in the fields of Positive Conflict-Consultation, Positive Family

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Consultation and Positive Resource Coaching. The programs are supported by a network of Intranet and Self-Experience Courses. A "Positive Emotions-Management" Course is planned. Reported by: Dr. Hübner and R. Sauer. For further information please contact gunther.huebner@positive-konfliktberatung.de or visit www.positive-beratung.de.

Sponsored by Positive Psychotherapy Institutions:

Saarland: plans for 2010: Uwe Gilsdorf assisted by Detlef Hover. Plans have been made for 2010 for Supervision at the International Bund, cooperation with Deutsche Vermögensberatung (management training), DGVT (Behaviour Therapy Association) and SIAP (Transcultural Communication). For further information please contact Psychotherapie-Gilsdorf@t-online.de.

Northern Hessen: plans for 2010: Mrs. Dr. Gesmann plans a Basic Course of psychosomatic medicine, Trans-cultural Psychodynamic Positive Psychotherapy and Counselling in Herford. A training seminar will be offered at the Institute for Training in Psychotherapy in Bad Salzufen. It will be based on the theory and methodology of PP.

For further information please contact medges@gmx.de.

Märkisches Zentrum für Personalentwicklung, Beratung und Coaching: will offer the following courses: "Consultant in Family Conflict Resolution" (Positive Consultant in Profession, Partnership and Family), as well as Basic- and Master-Course in 2010. For further information please contact dr.kornbichler@maerkisches-institut.de.

Psychosomatic Primary Health Care (Psychosomatische Grundversorgung): Courses are held, in association with the German Acupuncture Association [Deutsche Gesellschaft für Akupunktur (DAeGfA)], in Munich, Aachen, Bad Nauheim, Wiesbaden, and Kassel. Trainers: Dr. Aziz and Prof. Peseschkian

Teacher Training Program

A proposal for a "Teacher Training Program" has been presented to the Ministry of Education and Cultural Affairs of the State of Hessen. In cooperation with the Authorities and DGPP the first Teacher Training Program of PP will start in March 2010.

A Proposal is now being prepared to accommodate the cultural and social circumstances in different countries. For further information please contact peseschkian.foundation@positivepsychotherapy.org.

Planned Books related to Positive Psychotherapy

"Working Life - The Lost Factor in Psychotherapy, Ideas from Positive Psychotherapy" by Peter Winkler and Prof. Nossrat Peseschkian. For further information please contact peter.winkler.psychologie@gmx.de.

"The little kite-flyer, or how we teach our children to fly" by Dr. Richard Werringloer. A book about a young boy going through the adventures of growing up, the challenges he meets and how his parents help him live up to them. Each adventure is accompanied by a lecture in Positive Psychotherapy. For further information please contact Richard.Werringloer@gmx.de

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Kosovo



During 2009 activities of KCPP were divided into three kinds of activities.

Training activities

The major activity of KCPP consists of training seminars.

In 2009 two new groups (78 participants) started the Basic Course training and 45 finished their training and got the certificate "Basic Consultant of Positive Psychotherapy". In December a Master Course started.

All students had regularly intervision group session with their written homework which they had to bring with their portfolio.

Presentations in different mediums

Other activities of KCPP members focused on engagement of trainers in national and international presentations.

National Communities

1. Private University - lectures on Psychotherapy with final year psychology students, every week for six months
2. Family Medicine Centers - 5 workshops with Family Medicine doctors and nurses
3. Bank officers-24 groups (15 participants each group) of bank officers, twice monthly

International Communities

- Istanbul Center for PP – two training seminars
- Albania-University- training seminar
- Macedonia-University- introduction seminar with master students of psychology
- Romania-Summer School for PP- workshop presentation

Publishing the book and materials in PP

The highlight of the year of KCPP activities was the translation and publication of Prof. Nossrat Peseschkian's book: "PSYCHOTHERAPY IN EVERYDAY LIFE". It was edited by the Board Members of KCPP and 1500 copies were printed.

Future plans activities

Plans of the KCPP for 2010 focus on the continuation of the Masters and Basic Training Courses in PP. We also plan to do the following :

- With regard to publishing, we are trying to find a sponsor that will support us to translate and publish the next book of Prof. Peseschkian.
- To continue with intervision sessions with students in the BC.
- Presenting lectures to different organizations about stress management techniques and to regularly lecture to University students on the subject of psychotherapy.
- Presenting regular workshops to Bank officers about the Burn-out Syndrome and Stress Management.

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Trainer for Courses in Kosovo:

2009: Enver Cesko, Prof. Afrim Blyta, Prof. Yousof Ulaj, Christian Henrichs

2010: Arno Remmers MD, Dr. Hamid Peseschkian, Dr. Günther Hübner, Gabriela Hum.

Reported by: Mr. Sci. Enver Cesko. For further information please contact envercesko@hotmail.com.

Moldavia

Dr. Elena Sakalo, Medical & Marketing Manager - Novo Nordisk, Ukraine in cooperation with the Ukrainian Institute of Positive Psychotherapy jointly continued to conduct developments and teaching in a project «Health coaching with the Positive Psychotherapy methodology». On invitation of the Ministry of Health of the Republic of Moldova, the trainer of the Institute, Yuriy Kravchenko, conducted a two-day training-seminar in Kishinev for 90 doctors, focusing on health coaching and the prevention of emotional burn-out syndrome. Reported by: Elena Sakalo. For further information please contact eas@novonordisk.com.

Netherlands

Our colleague, Mrs. Anna Gaytandjieva, a Practicing Psychotherapist residing in the Netherlands (who had her Positive Psychotherapy Training in Bulgaria) applied for membership of the Organization of the Dutch Guild for Counseling and Psychotherapy (NGVH). Her training in PP in accordance with the ECP demands was accepted. In cooperation with the WAPP she plans to build a Center of PP in her region. Consultations regarding training courses in PP are ongoing. For further information please contact info@depijnkliniek.nl or A.Gaytandjieva@BEOZ.unimaas.nl.

Portugal

In 2010 there will be a Course on PP in cooperation with Prof. Telmo Baptista, President Associacao Portuguesa de Terapias Comportamental e Cognitive (APTCC) in Lisbon.

Romania

Romanian Positive Psychotherapy Association (RPPA)

During 2009 the RPPA organized the second Romanian Summer School of Positive Psychotherapy, which was attended by around 25 medical doctors and psychologists, either being students of PP or already graduated psychotherapists. The invited international trainers were Pavel Frolov, Enver Cesko and Charles Sasse (Belgium - psychoanalist). From Romania, workshops were held by Liana Don, Emese Grosz, Antonella Matei and Gabriela Hum. The Summer School started with a warming up of half a day by Ilona Gorog, psychodramatist from Moreno Psychodrama Society. Other activity of the RPPA was the launch of the translation of "Positive Psychotherapy of everyday life" on 23 October 2009. Between 21 – 23 of October the „Symposium of Positive Psychotherapy: A story on the way” was organized in Bucharest where Prof. Peseschkian and Mrs. Manije Peseschkian were special guests. Prof. Peseschkian was also an invited speaker at Unirea Medical Center where he met around 50 HR managers from Romanian and multinational companies. During 2009 Postive Psychotherapy was advertised on more than 23 sites, medical and psychological magazines. Prof. Peseschkian was invited to 5 TV shows, 4 interviews with newspapers and 2 radio shows. In August 2009 the Cognosis Summer School for Students in Psychology took place in Cluj where 2 workshops were held by Mihaela Boutiere and Cristina Dordai.

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International activity was also represented by Gabriela Hum who held seminars in Kosovo, China and Turkey. In December a new book was launched: „Romanian Psychotherapeutic Stories” for which Liana Don and Gabriela Hum wrote 2 chapters regarding Positive Psychotherapy.

In 2010 the third PP Summer School will be organized in Sighisoara. Arno Remmers, Christian Henrichs and Gergana Momova are invited to hold workshops on PP and a colleague from Holland – Franz Peters - will introduce hypnosis during a one-day-workshop. For further information please contact office@positum.ro. RPPA will launch the „Journal of psychiatry, psychology and psychotherapy” in July 2010. The Romanian Federation of Psychotherapy and EAP will organize the 17th European Congress of Psychotherapy in Bucharest to be held from 1-4 July 2010. Prof. Peseschkian is a special guest and key speaker at this event, on behalf of WAPP and RPPA. For further information please contact gabriela.hum@positum.ro.

Russia

Khabarovsk

The report of the Center for Positive Psychotherapy in Khabarovsk from 2009:

Special Projects

November 2009 – The Center for Positive Psychotherapy is a partner of the regional government supported project, «Mrs. Future Mother».

February 2009 – Regional Forum with support of regional government «Innovative program in personnel policy».

During the whole year we teach psychotherapy at Far East State Humanitarian University.

During the year we presented a popular radio program “Personal questions”.

Special Trainings

November 2009 – Training seminar «Positive coach management» in Khabarovsk – Maxim Goncharov.

November 2009 – psychological training for psychologists of the penitentiary.

July 2009 - Trainings for psychologists in Nakhodka and Artyom (Far East of Russia) – Positive group therapy and stress management – Maxim Goncharov

July 2009 – psychological training for psychologists of the penitentiary.

March 2009 – Training seminar «Positive coach management» in Khabarovsk – Maxim Goncharov.

Group Therapy

December 2009: – group therapy (long term) for children and adolescents (orphans) from children’s home.

Group therapy each time for six month by Dr. Pavel Frolov and Maxim Goncharov.

Basic and Master Courses

Basic Courses in Nakhodka, Vladivostok, Khabarovsk

The first Master Course in Khabarovsk

Trainers: Dr. Maxim Goncharov and Dr. Pavel Frolov

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For further information please contact frolovhome@mail.ru or goncharov@cpp.khv.ru.

Moscow

In 2009 we represented Positive Psychotherapy at the International Congress "Psychotherapy and Counselling & Techniques and Spiritual Dimension" with training "Positive Psychotherapy of Psychosomatic Disorders".

Dr. Ivan Kirillov published an article on "Stress Surfing – positive usage of stress" in the official journal, "Psychotherapy", of the Russian Professional Psychotherapeutic League.

"Positive ideas" A 1-2 minutes weekly program was presented throughout spring on the "Healthy Morning" program on the 3-rd Channel of Russian TV (you can watch some of them on www.youtube.com – just type on search area "ivankiri"). For further information please contact ivan@positum.net.

South Africa

A peer PP Supervision Group meets monthly in Cape Town. For further information contact: hansbraeuer@gmail.com

Switzerland

Several workshops with Prof. Peseschkian were very well appreciated: In January 2009 at the University of Zurich with Prof. Schnyder (www.ifp.name), in March 2009 at the Psychosomatic Clinic of Barmelweid and in September 2009 a presentation at the DTPPP-Congress in Zurich (www.transkulturellepsychiatrie.de).

Prof. Schnyder is President of IFP. In June 2010 in Lucerne, Prof. Peseschkian will take an active part at the 20th IFP World Congress of Psychotherapy and the Annual Congress of Swiss Psychiatry (www.ifp-fmpp2010.com).

In April 2009 Prof. Sharma from Delhi visited Switzerland and medical-ethical guidelines were discussed. The new and very practical Swiss guidelines could be interesting for others:

www.samw.ch/en/Ethics/Guidelines.

This or next year the Swiss Parliament will pass a psychotherapy-law. A regulation is necessary; meanwhile in order to cooperate we (PP) applied in November 2009 for membership of the (private) Swiss Psychotherapy Charta.

In February 2010 there will be another workshop in Zurich and in March and Mai 2010 a teaching course with Prof. Peseschkian will be held in collaboration with the Aesculap Clinic for Complementary Medicine in Brunnen near Lucerne.

For further information please contact Dr. med. François Biland biland@hin.ch.

Turkey

Positum 2010

Quite a lot of activities took place during 2009 in preparing the 5th World Congress of Positive Psychotherapy in Istanbul in October 2010.

"Positive Psychotherapy in a Globalized World - Trans-cultural and emotional perspective of Positive Psychotherapy in Globalization"

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Minas Travel & Organisation is cooperating with the PP Center Istanbul. We are pleased that the Psychiatric Association of Turkey is supporting the Congress. Please visit our website www.positum2010.org

Istanbul Center for Positive Psychotherapy

Basic Training Seminars were held in French La-Paix Mental-Health Hospital. All the participants were graduates of psychology and psychological counselling departments of universities, dentist, medical doctor, social science, international affair department

February: Dr. Sheyda Rafat and Dr. Rukiye Hayran,

May: Christian Henrichs and Dr. Rukiye Hayran

June: Enver Cesko and Dr. Rukiye Hayran

September: Dr. Rukiye Hayran

October: Dr. Ivan Kirillov

A Master Course started:

November: Dr. Ivan Kirillov, continued in December by Enver Cesko

Plans for 2010 Master Course: Dr. Sheyda Rafat in February and Gabriela Hum in April. For further information please contact rhayran@yahoo.com.

Ankara Center for Positive Psychotherapy

Activities are improving very much. A Master Course with 19 participants, from Ankara, Istanbul and Izmir was held.

A Basic Course too was held and will continue.

All participants were graduates of psychology and psychological counselling departments of universities. One participant has a Ph.D and is a lecturer at the University of Kocaeli.

The Activities of Ankara Positive Psychotherapy Center in 2009

Training:

A Master Course was conducted by the following trainers: Christian Henrichs, Ivan Kirillov and Gabriela Hum. The course will be continued.

A Basic Course was conducted by the following trainers: Mr.Sci. Enver Cesko and Dr. Tugba Sari

Conferences and Seminars:

7 members of the Masters Course attended the International Training Seminar in Riga

Ali Eryılmaz attended the National Congress of Counseling and Guidance (Adana, Turkey) with a presentation titled "Positive Psychotherapy Oriented Goal Extending Program for Adolescents"

Dr. Ivan Kirilov gave a seminar at Abant İzzet Baysal University (Bolu, Turkey).

Plans for 2010:

Master- and Basic Courses will continue. Members from our center are planning to attend different international and national conferences.

We also plan to translate one of the new published books of Positive Psychotherapy.

For further information please contact saritugba75@gmail.com.

Ukraine

Positum News from Ukraine

- Eight Basic courses were conducted in the Ukraine during 2009.

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- The most recent course took place in Ivano-Francovsk in October, (13-15), where 2 Basic courses have been completed. This event was timed to coincide with the Cross-regional Conference «Psychotherapy lifestyle: crises and chances through the eyes of the Positive psychotherapist». The conference was supported by the State University.
- Now 10 Basic Courses, 7 Master Courses and 3 specialised courses are being conducted in 12 regions of the Ukraine.
- On 26th of October, students from the Organizational Coaching School have graduated from the course in the Positum cross-cultural approach.
- On October, 27-31 a camp, «Autumn PsyZone-2009», for personality growth in young people took place. The theme of this year was positive cross-cultural psychotherapy on the basis of the Japanese fairy-tales and Parables of Dzen.
- We are preparing for the Annual Ukrainian Conference on Positive psychotherapy «Psychotherapy space in Ukraine: expansion and consolidation». A conference took place on January, 2010 in Dnepropetrovsk. A conference will be supported by the Department of Education and Science of Ukraine.
- Pre-conference of January, 21 was devoted to the teaching of trainers and regional managers of the Ukrainian Positive Psychotherapy Association.

For further information please contact positum_ukraine@yahoo.com.

USA

A series of four interviews with Prof. Peseschkian about PP: Education, Self-Help, Conflict resolution, Cross-cultural aspects was on air, in Persian

language, starting April 2009 by Ain-Bahai TV. You can visit the website: www.bahaiviews.org. In 2010 lectures on PP are planned in USA.

Publications and Research

Literature

The number of primary books of PPT written by its founder has increased to 27 books. Secondary books and several articles concerned with PP have been published too. Some new translations have been added to the series.

New Books

Prof. Nossrat Peseschkian and Dr. Anas Aziz published the book “Lexikon der Positiven Psychotherapie“. It is an encyclopedia with 150 terms and definitions of PPT.



Dr. Hamid Peseschkian published a book in German: „Psycho vampire – How to deal positively with energy absorbing persons.“



Translations

The most translated book of PPT “Oriental Stories as Tools in Psychotherapy” has been translated and published in Amharic and French. Now this book is available in 19 languages.



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The book "Psychotherapy in everyday life" has been translated and published in Albanian and in Romanian language.



Wiesbaden Inventory for Positive Psychotherapy and Family Therapy (WIPPF)

In 2009 the WAPP received two new translations of the Wiesbaden Inventory for Positive Psychotherapy and Family Therapy (WIPPF), a test program of Psychotherapy in Chinese translated by the Beijing Representative Office of Positive Psychotherapy, and in Turkish by the Cyprus Center of Positive Psychotherapy.



At present time International Archives possesses WIPPF in the following languages: Arabic, Bulgarian, Chinese, English, German, Portuguese, Spanish, Romanian, Russian, and Turkish.

More information about books and publications of PPT are presented on the website www.positum.org/books. For further information, please contact peseschkian.foundation@positivepsychotherapy.org.

Articles

The Ukrainian Association for PP published article about the "Using the drawings in five stages of treatment in PP" in Ukrainian language. For further information, please contact ovcharek@bigmir.net.

Gabi Hum and Liana Don from Romania described the method of Positive Psychotherapy applied in a case of bulimia and in a case of borderline personality disorder in the book "Stories about Romanian

psychotherapies". For further information, please contact gabriela.hum@positum.ro.

In 2009 seven articles on PPT issues were published in International and Scientific Journals in English language and several in German. For further information please visit the WAPP-Homepage <http://positum.org/about-us/books/articles>, or contact peseschkian.foundation@positivepsychotherapy.org.

Planned Books

"Working Life - The Lost Factor in Psychotherapy, Ideas from Positive Psychotherapy" by Peter Winkler and Prof. Nossrat Peseschkian. For further information please contact peter.winkler.psychologie@gmx.de

"The little kite-flyer, or how we teach our children to fly" by Richard Werringloer. A book about a young boy going through the adventures of growing up, the challenges he meets and how his parents help him live up to them. Each adventure is accompanied by a lecture in Positive Psychotherapy. For further information please contact Richard.Werringloer@gmx.de

Future Events

2010 International Federation of Psychotherapy (IFP) in Luzern

2010 World Congress Istanbul

2011 January Board Meeting Wiesbaden

2011 2nd-5th June International Training for Trainers (ITS) in Kosovo

2012 ITS will be announced

2013 ITS in Kiev

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Mission Statement of World Association of Positive Psychotherapy WAPP

Preamble

- (1) The Association is committed to a humanistic view of man and is inspired by the knowledge that every person represents “a mine of gems of inestimable value”.
- (2) The Association promotes mutual understanding and tolerance between cultures as a contribution towards the unity of mankind in its multi-dimensionality.
- (3) The Association commits itself to the promotion of the physical, social, emotional, spiritual and mental health of individuals, families and groups.
- (4) The Association was established in 1994 as International Centre for Positive Psychotherapy and in June 2008 converted into the World Association for Positive Psychotherapy.

Purpose, goals and mission

The purpose of the Association is the worldwide promotion of psychotherapy with an emphasis on Positive Psychotherapy. The Association is the supreme authority of Positive Psychotherapy worldwide. The Association pursues these goals more specifically through:

- a) As an all encompassing International Association it will co-ordinate and manage issues of Positive Psychotherapy worldwide.
- b) Nurturing, developing and expanding Positive Psychotherapy in conjunction with Transcultural Psychotherapy, Family Therapy and Psychosomatic Medicine, focusing on training, service delivery, research and further development of theoretical concepts with due consideration given to scientific standards and ethical norms.
- c) Organizing scientific meetings, seminars and conferences locally and internationally.
- d) Publication of an international journal and an information bulletin for all members.

- e) To support and mentor, especially younger, scientists and psychotherapists with particular emphasis on those from economically less advantaged countries and regions.
- f) The establishment of Centres and Associations of Positive Psychotherapy at local, regional and national levels in and beyond the borders of Germany.
- g) Publication of literature on Positive Psychotherapy and related subjects in different languages by means of books, journals and bulletins.
- h) Co-operation with institutions and organizations, which pursue similar goals.

Imprint, Subscriptions and Contributions

This newsletter is published by the World Association of Positive Psychotherapy (WAPP), www.positum.org and the International Academy for Positive and Transcultural Psychotherapy (IAPP), Langgasse 38-40, 65183 Wiesbaden, Germany, www.peseschkian-stiftung.de. The editorial team of this edition: Manije Peseschkian, Ulrike Hofmann, Cornelia Buck, Hans Braeuer and Christian Henrichs.

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